

High School Lunch Menu

DECEMBER 10-14

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. 1% Milk included with all meals.

COOKING UP A STORM

DIFFERENT EVERY DAY

TRY SOMETHING NEW

FAVORITES

MONDAY	Lasagna W/ Seasoned Carrots
TUESDAY	Chili W/ Corn Bread
WEDNESDAY	Turkey & gravy W/ Potato Mash
THURSDAY	Spaghetti W/ Meatballs & Green Beans
FRIDAY	Chicken Pot Pie W/ Mixed Veggies and Roll

CHEESY GOODNESS

PEPPERONI

FOUR CHEESE

PIZZA

MONDAY	BBQ Chicken
TUESDAY	Meat Lovers
WEDNESDAY	Margarita Pizza
THURSDAY	Breakfast Pizza
FRIDAY	Bosco Sticks

SALSA

EVERY DAY ALL DAY

NACHOS & TACOS

BEEF CHICKEN CHEESE

MONDAY	Bean Enchiladas
TUESDAY	Cheese Quesadilla
WEDNESDAY	Mini Tacos
THURSDAY	Chicken Fajitas
FRIDAY	Beef Quesadilla

GRILL

COOK OUT TIME

Cheese Burger or Spicy Chicken Patty on

Seasoned Wedges or Sweet Potato Fries

MONDAY	Meatball Sub
TUESDAY	Veggie Burger
WEDNESDAY	Chicken & Waffles
THURSDAY	Hot Ham & Cheese
FRIDAY	Philly Steak & Cheese

FAST TAKES

WEEKLY SPECIALS

Garden Tossed Salad, Turkey & Cheese Sub,

Ham & Cheese, Bread Sticks W/ Salads

MONDAY	PB & Jelly
TUESDAY	Roast Beef Sub
WEDNESDAY	Turkey Club Wrap
THURSDAY	Asian Chicken Salad
FRIDAY	Buffalo Chicken Wrap

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

CROSSROADS
CAFE
by *sodexo*

MADE YOUR WAY

PICK YOUR BREAD

MEAT & CHEESE & TOPPINGS

- MONDAY** Wraps
- TUESDAY** Texas Toast
- WEDNESDAY** Choice of Bread
- THURSDAY** Texas Toast
- FRIDAY** Wraps

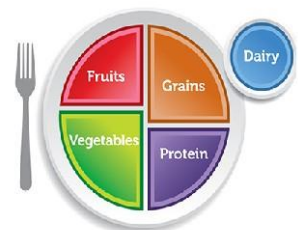


SPECIAL EVENT!!

RICE

Stir-Fried Vegetables

- MONDAY** Teriyaki Chicken
- TUESDAY** Beef & Broccoli StirFry
- WEDNESDAY** Orange Chicken
- THURSDAY** Peppered Steak
- FRIDAY** General Tso's Chicken



Choose **MyPlate**.gov



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