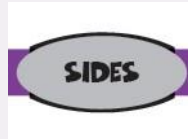


# High School Lunch Menu

## DECEMBER 17-21

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. 1% Milk included with all meals.

### COOKING UP A STORM

*DIFFERENT EVERY DAY*

*TRY SOMETHING NEW*



- MONDAY** Mac & Cheese W/ Broccoli
- TUESDAY** Loaded Chili Cheese Fries W/ Baked Beans
- WEDNESDAY** French Toast Bacon Hash-brown
- THURSDAY** BBQ Meatloaf W/ Seasoned Peas
- FRIDAY** Chicken Parmesan W/Spaghetti & Green Beans

### CHEESY GOODNESS

*PEPPERONI*

*FOUR CHEESE*



- MONDAY** Bosco Stick
- TUESDAY** Buffalo Chicken
- WEDNESDAY** Calzone
- THURSDAY** Garlic Cheese Bread
- FRIDAY** Supreme



### EVERY DAY ALL DAY

*NACHOS & TACOS*

*BEEF CHICKEN CHEESE*

- MONDAY** Chicken Enchilada
- TUESDAY** Walking Taco
- WEDNESDAY** Burrito Bake
- THURSDAY** Cheesy Quesadilla
- FRIDAY** Chicken Soft Taco



### COOK OUT TIME

*Cheese Burger or Spicy Chicken Patty on*

*Seasoned Wedges or Sweet Potato Fries*

- MONDAY** Bacon Cheese Burger
- TUESDAY** Chicken Cordon Blue
- WEDNESDAY** Chicken & Waffles
- THURSDAY** Chicken Tender Basket
- FRIDAY** BBQ Pulled Turkey



### WEEKLY SPECIALS

*Garden Tossed Salad, Turkey & Cheese Sub,*

*Ham & Cheese, Bread Sticks W/ Salads*

- MONDAY** Buffalo Chicken Salad
- TUESDAY** Roast Beef Sub
- WEDNESDAY** Chicken Caesar Salad
- THURSDAY** Greek Salad
- FRIDAY** Totally Tuna Sandwich

*This institution is an equal opportunity provider.*

Nutrition Information is available upon request.



**MADE YOUR WAY**

*PICK YOUR BREAD*

*MEAT & CHEESE & TOPPINGS*

- MONDAY**      Wraps
- TUESDAY**    Texas Toast
- WEDNESDAY** Choice of Bread
- THURSDAY**   Texas Toast
- FRIDAY**      Wraps

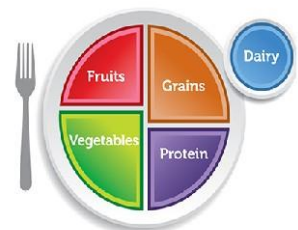


**SPECIAL EVENT!!**

*RICE*

*Stir-Fried Vegetables*

- MONDAY**      Teriyaki Chicken
- TUESDAY**    Beef & Broccoli
- WEDNESDAY** Orange Chicken
- THURSDAY**   Peppered Steak
- FRIDAY**      General Tso's Chicken



Choose **MyPlate**.gov



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