

SPSD Middle School Lunch Menu

February 25 - 28

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

COOKING UP A STORM

DIFFERENT EVERYDAY

TRY SOMETHING NEW

MONDAY	Orange Chicken w/Rice
TUESDAY	Mac & Cheese w/Roll
WEDNESDAY	Meatloaf & Mashed Potatoes
THURSDAY	Chicken Drumstick w/Roll
FRIDAY	French Toast Sticks & Sausage

EVERY DAY, ALL DAY

NACHOS & TACOS

BEEF CHICKEN CHEESE

MONDAY	Beef Enchiladas
TUESDAY	Soft Tacos
WEDNESDAY	Chicken Fajita
THURSDAY	Chicken Quesadilla
FRIDAY	Steak Fajitas

WEEKLY SPECIALS

Garden Tossed Salad, Turkey & Cheese Sub

Ham & Cheese, Bread Sticks w/Salads

MONDAY	Soy Butter & Jelly Sandwich
TUESDAY	Turkey Club
WEDNESDAY	Buffalo Chicken Salad
THURSDAY	Caesar Chicken Wrap
FRIDAY	Grilled Ham & Cheese



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

CHEESY GOODNESS

PEPPERONI

FOUR CHEESE

MONDAY	Sausage Pizza
TUESDAY	Buffalo Chicken Pizza
WEDNESDAY	Meatball Calzone
THURSDAY	Pepperoni Pizza
FRIDAY	Veggie Pizza



COOK OUT TIME

Cheese Burger or Spicy Chicken Patty
Seasoned Wedges or Sweet Potato Fries

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY