

SPSD Middle School Lunch Menu

February 4 - 8

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

COOKING UP A STORM

DIFFERENT EVERYDAY

TRY SOMETHING NEW

MONDAY	Mini Corn Dogs (6ct)
TUESDAY	Baked Penne w/Roll
WEDNESDAY	Oven Roasted Chicken Mac & Cheese
THURSDAY	Chili w/Corn Bread
FRIDAY	Chicken Pot Pie w/Mixed Veggies w/Roll

EVERY DAY, ALL DAY

NACHOS & TACOS

BEEF CHICKEN CHEESE

MONDAY	Chicken Fajita Bowl
TUESDAY	Steak Fajitas
WEDNESDAY	Cheese Quesadilla
THURSDAY	Walking Taco
FRIDAY	Beef Quesadilla

WEEKLY SPECIALS

Garden Tossed Salad, Turkey & Cheese Sub

Ham & Cheese, Bread Sticks w/Salads

MONDAY	Soy Butter and Jelly Sandwich
TUESDAY	Turkey Club Sandwich
WEDNESDAY	Buffalo Chicken Wrap
THURSDAY	Chicken Caesar Salad
FRIDAY	Roast Beef Sub



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

CHEESY GOODNESS

PEPPERONI

FOUR CHEESE

MONDAY	BBQ Chicken Pizza
TUESDAY	Meat Lovers Calzone
WEDNESDAY	Veggie Pizza
THURSDAY	Sausage Pizza
FRIDAY	Meat Lovers Pizza

COOK OUT TIME

Cheese Burger or Spicy Chicken Patty

Seasoned Wedges or Sweet Potato Fries



MONDAY	Philly Cheese Steak Sandwich
TUESDAY	Bacon Cheeseburger
WEDNESDAY	Hot Dogs w/Bun
THURSDAY	Meatball Sub
FRIDAY	Chicken & Waffles