

SPSD Middle School Lunch Menu

March 11 - 18

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

COOKING UP A STORM

DIFFERENT EVERYDAY

TRY SOMETHING NEW

MONDAY	Mini Corn Dogs (6ct) & Broccoli
TUESDAY	French Toast Sticks & Sausage & Corn
WEDNESDAY	Meatloaf, Mashed Potatoes & Carrots
THURSDAY	Chili w/Corn Bread & Green Beans
FRIDAY	Orange Chicken w/Rice & Broccoli

EVERY DAY, ALL DAY

NACHOS & TACOS

BEEF CHICKEN CHEESE

MONDAY	Chicken Enchiladas
TUESDAY	Cheese Quesadilla
WEDNESDAY	Chicken Fajita
THURSDAY	Beef Quesadilla
FRIDAY	Steak Fajitas

WEEKLY SPECIALS

Garden Tossed Salad, Turkey & Cheese Sub

Ham & Cheese, Bread Sticks w/Salads

MONDAY	Turkey Club
TUESDAY	Buffalo Chicken Salad
WEDNESDAY	Soy Butter and Jelly Sandwich
THURSDAY	Grilled Ham & Cheese
FRIDAY	Turkey Club Sandwich



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

CHEESY GOODNESS

PEPPERONI

FOUR CHEESE

MONDAY	Pepperoni Pizza
TUESDAY	Meat Lovers Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	Meatball Calzone
FRIDAY	Pepperoni Pizza



COOK OUT TIME

Cheese Burger or Spicy Chicken Patty

Seasoned Wedges or Sweet Potato Fries

MONDAY	Chicken Philly Cheese Sandwich
TUESDAY	Meatball Sub
WEDNESDAY	Spicy Chicken Sandwich
THURSDAY	Grilled Cheese
FRIDAY	Sloppy Joes