

SPSD Middle School Lunch Menu

March 18 - 22

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

COOKING UP A STORM

DIFFERENT EVERYDAY

TRY SOMETHING NEW

MONDAY	Chili Steak Fries w/Roll & Corn
TUESDAY	Baked Penne w/Roll & Broccoli
WEDNESDAY	Roasted Turkey & Gravy, Peas
THURSDAY	Salisbury Steak & Mash Potatoes
FRIDAY	Chicken Pot Pie w/Mixed Veggies w/Roll

EVERY DAY, ALL DAY

NACHOS & TACOS

BEEF CHICKEN CHEESE

MONDAY	Bean Enchiladas
TUESDAY	Beef Quesadilla
WEDNESDAY	Chicken Fajita Bowl
THURSDAY	Cheese Quesadilla
FRIDAY	Steak Fajitas

WEEKLY SPECIALS

Garden Tossed Salad, Turkey & Cheese Sub

Ham & Cheese, Bread Sticks w/Salads

MONDAY	Grill Ham & Cheese Sandwich
TUESDAY	Soy Butter & Jelly Sandwich
WEDNESDAY	Caesar Chicken Wrap
THURSDAY	Chicken Sandwich
FRIDAY	Turkey Club Sandwich



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

CHEESY GOODNESS

PEPPERONI

FOUR CHEESE

MONDAY	Buffalo Chicken Pizza
TUESDAY	Meat Lovers Calzone
WEDNESDAY	Bosco Sticks
THURSDAY	Sausage Calzone
FRIDAY	BBQ Chicken Pizza



COOK OUT TIME

Cheese Burger or Spicy Chicken Patty

Seasoned Wedges or Sweet Potato Fries

MONDAY	Bacon Cheeseburger
TUESDAY	BBQ Bacon Cheeseburger
WEDNESDAY	Hot Dogs w/Bun
THURSDAY	Meatball Sub
FRIDAY	Chicken Patty Sandwich