

SPSD Middle School Lunch Menu

March 4 - 8

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

COOKING UP A STORM

DIFFERENT EVERYDAY

TRY SOMETHING NEW

MONDAY	Teriyaki Chicken w/Rice & Broccoli
TUESDAY	Chicken & Waffles
WEDNESDAY	Chicken Drumstick w/Roll
THURSDAY	Chicken Nuggets w/Roll & Carrots
FRIDAY	Chicken Alfredo w/Roll

EVERY DAY, ALL DAY

NACHOS & TACOS

BEEF CHICKEN CHEESE

MONDAY	Steak Fajitas
TUESDAY	Chicken Quesadilla
WEDNESDAY	Cheese Quesadilla
THURSDAY	Walking Taco
FRIDAY	Beef Enchiladas

WEEKLY SPECIALS

Garden Tossed Salad, Turkey & Cheese Sub

Ham & Cheese, Bread Sticks w/Salads

MONDAY	Soy Butter and Jelly Sandwich
TUESDAY	Turkey Club Sandwich
WEDNESDAY	Buffalo Chicken Wrap
THURSDAY	Chicken Caesar Salad
FRIDAY	Roast Beef Sub



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

CHEESY GOODNESS

PEPPERONI

FOUR CHEESE

MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Veggie Pizza
THURSDAY	Sausage Pizza
FRIDAY	Meat Lovers Pizza



COOK OUT TIME

Cheese Burger or Spicy Chicken Patty

Seasoned Wedges or Sweet Potato Fries

MONDAY	Philly Cheese Steak Sandwich
TUESDAY	Bacon Cheeseburger
WEDNESDAY	Hot Dogs w/Bun
THURSDAY	Meatball Sub
FRIDAY	Chicken & Waffles